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RESUMÉ

WORK EXPERIENCE

- April. 2007- present CVH ((Center For Vibrant Health)
Concentration in Medical & Sport massage
- Injury rehabilitation
 - Sport massage
 - Structural realignment
 - Orthopedic massage
 - Therapeutic exercise
- Dec. 2006- present OHSU (March Wellness)
Concentration in Medical & Sport massage
- Injury rehabilitation
 - Sport massage
 - Structural realignment
 - Orthopedic massage
 - Therapeutic exercise
- Dec. 2005- present OBT (Oregon Ballet Theater)
Concentration in Medical & Sport massage
- Injury rehabilitation
 - Sport massage
 - Structural realignment
 - Orthopedic massage
 - Therapeutic exercise
- Nov. 2001- present Táctus Massage Therapies
Portland OR
Private practice clinic
Concentration in Medical & Sport massage
- Injury rehabilitation
 - Sport massage
 - Structural realignment
 - Orthopedic massage
 - Therapeutic exercise
- Jan. 2004 – Oct. 2005 Kanani Pearl Spa
Portland OR
Part-time Massage Therapist / Body Treatment Specialist

Dec. 2002 – 2004
Nirvana Day Spa & Apothecary
Portland OR
Part-time Massage Therapist / Body Treatment Specialist

Feb. 2000 - 2004
Laurelhurst Chiropractic Clinic
Portland OR
Part-time Chiropractic Assistant / Massage Therapist
Duties included:

- Providing 15 and 30 minute regional massages
- Assisting in physical rehabilitation
- Performing Hydrotherapy & EMS
- Maintaining X-ray machine
- Providing Spanish/English translation

Jan. 2001 – Sept. 2001
Shepard Fox Clinic
Portland OR
Chiropractic Assistant / Massage Therapist
Duties included:

- Providing 15 and 30 minute regional massages
- Performing Hydrotherapy

Dec. 1999 - July 2000
East-West College of the Healing Arts
Portland OR
Student position at College Clinic

Summer 1999
Cascade Aids Project
Portland OR
Volunteer position
Provided massage therapy and support to HIV patients

Summer 1999
YWCA
Portland OR
Volunteer position
Taught basic anatomy to midwifery students

SKILLS

Basic Modalities

Swedish Massage
Deep Tissue Massage
Myofascial massage
Thai Massage
Relaxation

Specialty Modalities

Sport Massage
Orthopedic Massage
Musculoskeletal Correction
Active Release Technique
Trigger-point Therapy
Neuromuscular reeducation
PNF
Lomi Lomi Massage
Meridian Therapy
Polarity
Swedish Ball Exercise

Additional Skills

- EMS Therapy
- Ultrasound Therapy
- ART System
- Personal Training

- TENS Unit Therapy
- Spanish/English translation

EDUCATION & LICENSING

2006	(24) CEUs Lomi Ili Ili (hawaiian Hot Stone Therapy)
2005	(24) CEUs Clinical Lomi Lomi
2005	(24) CEUs Lomi Lomi Ili Ili (therapeutic hot stone)
2004	(24) CEUs Orthopedic Testing Skills
2003	Medical Massage Certification
2003	(25) CEUs of Medical Massage
2001	(6) CEUs of Rhythmical Massage
2001	OBMT License #7863
2000	Chiropractic Assistant Certification
2000	Diploma East-West College of the Healing Arts, Portland OR
1998	AS in Biology Monroe Community College (SUNY), Rochester NY